

Easter Activities

The Manor Monthly
MAY 2011



The Manor at Woodside 168 Academy St. Poughkeepsie, NY 12601 (845) 473-1943



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April was a very exciting month here at the Manor. The Great Easter Egg Hunt was a wonderful event that brought in lots of friends and family members. Everyone enjoyed watching the clown and the children surely enjoyed gathering Easter eggs filled with candy! We hope next year's event will be bigger and better. We hosted our final trip to Friendly's in April as the doors to Friendly's closed. Beginning in May we will head to Dairy Queen for our ice cream treats. Hopefully the weather gets nice and remains nice soon. We have had a few scattered days with sun and warmth, but most of April was filled with cold, dreary rain, just remember the April showers bring the beautiful May flowers. We have a lot of great outings planned for May and hope you try to go on at least one. We will be heading to the Walkway over the Hudson, Dia: Beacon, Washington Park in Albany, the Trevor Zoo and more. The Friday social hours will be moved to the first floor community room with tables set in the courtyard on nice days. This will be a great way to enjoy the weather while also enjoying the social hour. Our Memorial Day Program will take place on Monday, May 30th, please try to attend this wonderful event, which honors all of the Manor's Veterans as well as our fallen heroes. The Garden Club is doing great and within the month of May we will be able to transplant our flowers and vegetables to our outdoor planting beds. Heather has again tried adding some new games to the calendar and hope all of our residents will try to play them. We also welcome any suggestions on games or activities you would like to see added to our activity calendar. Feel free to stop in and see Heather any time to talk about things you would like to see added in the future. Summer is a wonderful time of year and we look forward to enjoying the season with all of our residents here at the Manor.

STAFF

Eddie Evans-Executive Director

Toni Servodio-Assistant Executive Director

Heather Pelton-Senior Lifestyles Director/Adult Daycare Director

Bill Barschow-Business Development/Housekeeping Director

Ed Kelly-Dining Room Director

Welcome

Louis D'Antoni
Rose Lang
Arthur & Louise Maldonado

PLEASE INVITE OUR NEW FRIENDS TO JOIN YOU AT YOUR FAVORITE ACTIVITY



The Poughkeepsie Bridge or, since October 3, 2009, known as the Walkway Over the Hudson State Historic Park is a [steel cantilever](#) bridge spanning the [Hudson River](#) between [Poughkeepsie, New York](#) on the east bank and [Highland, New York](#) on the west bank. Built as a double-track railroad bridge, it was completed on January 1, 1889, and went out of service on May 8, 1974. It was listed on the [National Register of Historic Places](#) in 1979, updated in 2008. It was opened to the public on October 3, 2009, as a pedestrian and cyclist bridge and New York State Park. This bridge is now the longest [footbridge](#) in the world. Our bus will be transporting residents to the Walkway on Sunday, May 8th. Let's hope the weather holds out for us. If you would like to join this trip please sign up at the front desk.



Thursday, May 26th is National Blueberry Cheesecake day. Enjoy this delicious dessert with dinner that evening.



We are pleased to announce Louis Pelky as our Resident of the Month! Louis has contributed his art work for the Manor to display. He can be found on certain days painting in the 2nd floor day room for his fellow residents to watch. Louis was born in Albany, NY. Louis was a medic in the US Army. He was married to his wife for 55 years. They were married in their hometown of Albany while he was in the army in California. He called his fiancé and asked her to plan a wedding in 3 days cause he would be home then to which she responded I am already ready! They have one daughter who resides in Lagrange. When Louis returned home from the army he wanted to do something creative, so he looked up artists whose work he admired and found where they studied. One of the artists he studied with was Emil Gruppe. Louis taught Art at Columbia High School in East Greenbush, NY, which is across the river from Albany. He also did private lessons. Louis also wrote 3 books, which he has given to his family, but never published for the public. He has had a very delightful experience so far here at the Manor and looks forward to many more years here. Thank you, Louis for letting us have the pleasure of viewing your artwork that is on display in the halls of the Manor.

BETTER HEARING & SPEECH MONTH



For over 75 years May has been designated as Better Hearing and Speech Month -- a time to raise public awareness, knowledge, and understanding of the various forms of communication impairments to include those of hearing, speech, language, and voice.

An estimated 28 million Americans have a hearing loss that can be treated; yet fewer than 7,000,000 use a hearing aid. You could be one of them. Now is a good time to take stock of your own hearing and seek help if you think you may have a problem.

You have a hearing loss if you:

- frequently ask people to repeat themselves
- often turn your ear toward a sound to hear it better
- understand people better when you wear your glasses or look directly at their faces
- lose your place in group conversations
- keep the volume on your radio or TV at a level that others say is too loud have pain or ringing in your ears



Some of our residents were big winners while playing Bingo with Dom Letterie & Joe Havens. We look forward to their return in the near future!