



# DECEMBER



## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

	<p><b>The Birth Stone for December is the Blue Topaz!</b></p> 	<p><b>The Birth Flower for December is the Narcissus!</b></p> 	<p>1 8:30 Continental Breakfast 9:00 Bingo 10:00 Bean Toss 11:00 Jenga 12:00 Lunch &amp; Free Time 1:00 Uno 2:00 Wind Down</p>	<p>2 8:30 Continental Breakfast 9:00 Current Events 10:00 Balloon Toss 11:00 Card Games 12:00 Lunch &amp; Free Time 1:00 Arts &amp; Crafts 2:30 Snack/Wind Down</p>
<p>5 8:30 Continental Breakfast 9:00 Current Events 10:00 Uno 11:00 Snakes &amp; Ladders 12:00 Lunch &amp; Free Time 1:00 Bingo 2:00 Snack/Wind Down</p>	<p>6 8:30 Continental Breakfast 9:00 Pokeno 10:00 Senior Exercise 11:00 Balloon Toss 12:00 Lunch &amp; Free Time 1:00 Movie 2:30 Snack/Wind Down</p>	<p>7 8:30 Continental Breakfast 9:00 Current events 10:00 Bean Toss 11:00 Memory 12:00 Lunch &amp; Free Time 1:00 Music 2:00 Snack/Wind Down</p>	<p>8 8:30 Continental Breakfast 9:00 Bingo 10:00 Senior Exercise 11:00 Jenga 12:00 Lunch &amp; Free Time 1:00 Balloon Toss 2:00 Snack/Wind Down</p>	<p>9 8:30 Continental Breakfast 9:00 Current Events 10:00 Ball Throw 11:00 Uno 12:00 Lunch &amp; Free Time 1:00 Pokeno 2:00 Snack/Wind Down</p>
<p>12 8:30 Continental Breakfast 9:00 Current Events 10:00 Balloon Toss 11:00 Uno 12:00 Lunch &amp; Free Time 1:00 Snakes &amp; Ladders 2:00 Snack/Wind Down</p>	<p>13 8:30 Continental Breakfast 9:00 Pokeno 10:00 Senior Exercise 11:00 Card Games 12:00 Lunch &amp; Free Time 1:00 Ball Throw 2:00 Snack/Wind Down</p>	<p>14 8:30 Continental Breakfast 9:00 Current Events 10:00 Balloon Toss 11:00 Uno <b>12:00 HOLIDAY MEAL</b> 1:00 Movie 2:30 Snack/Wind Down</p>	<p>15 8:30 Continental Breakfast 9:00 Card Games 10:00 Senior Exercise 11:00 Bingo 12:00 Lunch &amp; Free Time 1:00 Memory 2:00 Snack/Wind Down</p>	<p>16 8:30 Continental Breakfast 9:00 Current Events 10:00 Connect Four 11:00 Dominoes 12:00 Lunch &amp; Free Time 1:00 Uno 2:00 Snack/Wind Down</p>
<p>19 8:30 Continental Breakfast 9:00 Current Events 10:00 Pokeno 11:00 Jenga 12:00 Lunch &amp; Free time 1:00 Arts &amp; Crafts 2:00 Snack/Wind Down</p>	<p>20 8:30 Continental Breakfast 9:00 Bingo 10:00 Senior Exercise 11:00 Balloon Toss 12:00 Lunch &amp; Free Time 1:00 Movie 2:00 Snack/Wind Down</p>	<p>21 8:30 Continental Breakfast 9:00 Current Events 10:00 Ball Throw 11:00 Music 12:00 Lunch &amp; Free Time 1:00 Snakes &amp; Ladders 2:00 Snack/Wind Down</p>	<p>22 8:30 Continental Breakfast 9:00 Balloon Toss 10:00 Senior Exercise 11:00 Bingo 12:00 Lunch &amp; Free Time 1:00 Pokeno 2:00 Snack/Wind Down</p>	<p>23 8:30 Continental Breakfast 9:00 Current Events 10:00 Dominoes 11:00 Connect Four 12:00 Lunch &amp; Free Time 1:00 Memory 2:00 Snack/Wind Down</p>
<p>26 8:30 Music <b>9:00 BRUNCH</b> 10:00 Bingo 11:00 Dominoes 12:00 Lunch &amp; Free Time 1:00 Bean Toss 2:00 Snack/Wind Down</p>	<p>27 8:30 Continental Breakfast 9:00 Current Events 10:00 Bean Toss 11:00 Connect Four 12:00 Lunch &amp; Free Time 1:00 Music 2:00 Snack/Wind Down</p>	<p>28 8:30 Continental Breakfast 9:00 Current Events 10:00 Uno 11:00 Balloon Toss 12:00 Lunch &amp; Free Time 1:00 Movie 2:00 Snack/Wind Down</p>	<p>29 8:30 Continental Breakfast 9:00 Current Events 10:00 Dominoes 11:00 Ball Throw 12:00 Lunch &amp; Free Time 1:00 Card Games 2:00 Snack/Wind Down</p>	<p>30 8:30 Continental Breakfast 9:00 Current Events 10:00 Balloon Toss 11:00 Uno 12:00 Lunch &amp; Free Time 1:00 Bingo 2:30 Snack/Wind Down</p>



## DECEMBER 2011 EDITION



### **NEW ARRIVALS:**

We are pleased to welcome the new participants who became a part of our centers family in September:

**JIM CAPRALOS**

**GEORGE ZOCCHI**

2011 has flown by, we are already approaching a new year and hope it will be a great one! The Oasis program has grown so much over the past year and we are very proud of how far it has come. From the new clients to the new activities and additional staff on hand to help, we have made great strides and will continue making changes for the better! The holidays are quickly approaching and our family holiday luncheon will take place on Weds., December 14 at 12pm in the terrace room. Our Thanksgiving luncheon was a great success and we hope you all can make it to the holiday one as well. We will not be closing for the holidays as they fall on the weekends. Inclement weather will be heading our way soon, so don't forget to check the Poughkeepsie School District or just call the Manor to see if the Oasis program will remain open. We wish all of you very happy holidays and a very happy new year!

