

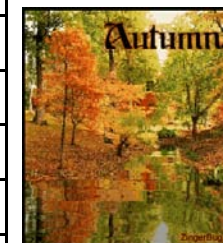
LUAU PARTY

The Manor Monthly
SEPTEMBER 2011



The Manor at Woodside 168 Academy St. Poughkeepsie, NY 12601 (845) 473-1943

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What an exciting month August was.....our annual luau/ lobster bake was a huge success and a lot of fun. Bob and Rico were great entertainers as always and the food was delicious. We are all looking forward to next years! Our resident lunch BBQ's by floor have been a hit and as summer comes to close so do our weekly BBQs, we will begin them again next year! We are still going to include some ice cream socials in September, so hopefully the weather remains warm for most of the month. Our Healthy Aging Expo will be taking place on Thursday, September 8th and this is a great way to gather information from vendors about many different services offered throughout our area. There will also be a few guest speakers coming in to discuss different topics on health as well as a cooking demonstration. Healthy refreshments will also be served. We look forward to seeing many residents as well as family members and friends at this event. We will be going on outings this month to the Walkway over the Hudson, Rhinebeck Performing Arts Center, drive throughs, lunches out, our monthly trip to Monticello and a trip to the Samuel Dorsky Art Museum at SUNY New Paltz. Be sure to sign up for outings at the front desk if you have an interest and see if any of your fellow residents would like to join you. If we do not have enough residents signed up unfortunately we do have to cancel the trip and we know that can be disappointing. Our annual Hoedown will be held on Thursday, September 29th beginning at 11:30am. Just James will come in with his guitar and provide some country entertainment. This should be a fun event and we are looking forward to it. We have a lot going on this month and hope you try to participate in as many activities as possible! As always please come to Heather with any activity or outing suggestions. We would love to try new things and add new outings to our calendar.

STAFF

Eddie Evans-Executive Director

Toni Servodio-Assistant Executive Director

Heather Pelton-Senior Lifestyles Director/Adult Daycare Director

Bill Barschow-Business Development/ Housekeeping Director

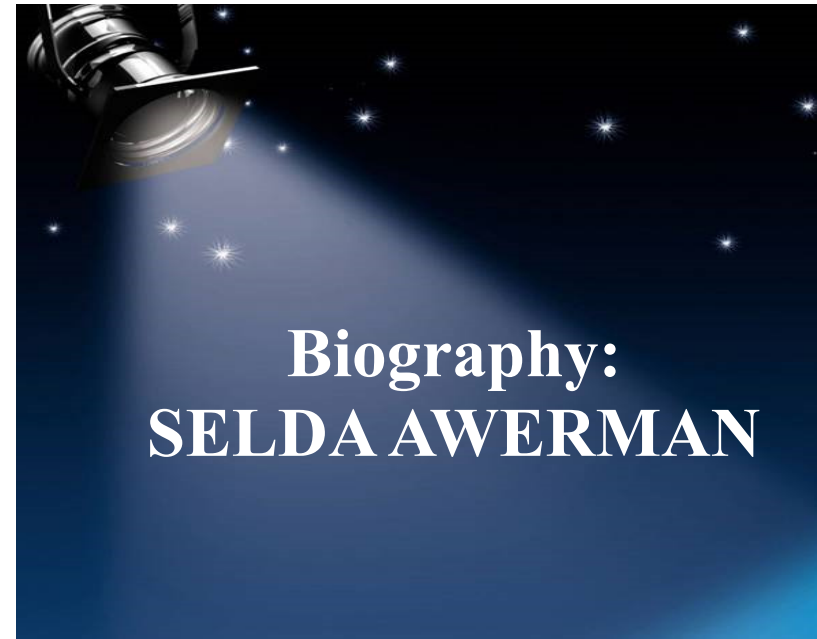
Ed Kelly-Dining Room Director

Welcome

Dorothy Adornato
Phil Flint
Stephen Modugno
Jane & George Scivolette

PLEASE INVITE OUR NEW FRIENDS TO JOIN YOU AT YOUR FAVORITE ACTIVITY





Selda Awerman was born and raised in Jamaica, Queens. She has one brother Irving. Selda met her husband Wally at a furniture store where they were both employed. They were told that one of them had to leave because of the company policy. Wally left and went to work as an office manager at Gert's Department Store. Selda continued to work at the furniture store in the office and operating the PBX switchboard. They continued to reside in Jamaica, Queens and had 2 children, Stephen who lives in New Jersey and Marcy, who lives in Poughkeepsie. She has 8 grandchildren, 15 great-grandchildren and 2 more on the way. Selda and Wally were married for 49 years. Selda moved in to Collegeview Towers before becoming a resident here at The Manor at Woodside. Selda enjoys musical entertainment, volunteer work, scrabble, Danielle Steele novels and Bingo. Her favorite thing about living here at The Manor is that she doesn't have to cook.

HOEDOWN



The Manor's annual HoeDown will take place on Thursday, September 29, in the Lower Level.



This is in place of your regular lunch.

Just James will kick off the event with musical entertainment, beginning at 11:30.

Everyone "feasts" at 12:00 noon.

Please note: Guest Meals will cost \$25.00
(Please let the front desk know by September 22nd if you will have a guest)



Be sure to invite your grand-children for a treat on grandparents day at 1:45pm on Sunday, September 11. We will serve cookies and juice. Spend some quality time with your grand kids!



National chocolate milk shake day takes place on Monday, September 12. In observance of this delicious day we will be serving milk shakes in the courtyard at 2:30. We hope to see you all there to enjoy this refreshing treat!